

## **Volunteering with the Bread of Angels**

We start at 7:00 AM every Saturday of the year except for the school carnival weekend. We open our doors to our guests at 8:30 and offer a continental style breakfast that includes cereal, oatmeal, toast, bagels, and drinks. We offer veggie trays at about 9:45 and serve our main meal at 10:30. As our guests leave they are offered bags of bread and pastries donated by Starbucks, Panera Bread and Vons. We try to distribute clothing about once per month.

Each guest is provided with a menu when they enter and they are able to choose what they would like to include for the main meal. This meal consists of a main course, vegetable, soup or salad, fresh fruit and usually some kind of dessert. The menu changes each week and is served to our guests by our volunteers. We use plates, cloth napkins and silver ware to serve our meals and provide our guests with a few hours of dignity and respect. We only use paper and plastic if we are outside. After our guests have finished eating we then clean up and put everything away. Our volunteers also have many chances to sit and visit with our guests.

There are many ways to help the Bread of Angels. We accept youth and adults as volunteers every Saturday starting at 7:00 AM and finishing at about noon. All volunteers need to wear closed toed shoes and if you have long hair it will need to be pulled back. All you have to do is show up to work. Groups need to call to arrange a date to help but individuals can just come to help out.

If you (youth or adult) need service hours you should try to be ready to work at 7:00 AM since we do limit the number to thirty each week.

The types of jobs we have on Saturdays include food prep (we make our meals from scratch), dish washers, servers, check-in room, menu handout, trash detail, children's play table, breakfast servers and greeters. Other jobs throughout the week include laundry cleaning, donation pick up (Starbucks, Vons, Panera Bread and St Andrew Church).

If you are unable to volunteer with us you can offer prayers to our ministry and guests. You can also donate clothing, food or money to help support the Bread of Angels.

If you have any questions, please contact Bob Duffy at [duffy.rad@gmail.com](mailto:duffy.rad@gmail.com) or 714-871-0218.